NATIONWIDE LIFE AND ANNUITY INSURANCE COMPANY

Nationwide®

Nationwide CareMatters® Annuity

Your plan for a confident retirement

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution
• Not insured by any federal government agency • May lose value

ICC25-FAM-1757AO.1

Take control of your future

You deserve to feel confident about your future. A key way to do that is to have a comprehensive plan in place to cover the expenses you may encounter during retirement — including potential long-term care (LTC) costs.

Having a plan gives you more control over where you receive care and who provides it. And Nationwide CareMatters® Annuity provides a straightforward experience to get the LTC protection you need.

It's an annuity-based linked-benefit LTC solution that has minimal underwriting requirements and a 1-time payment, allowing you to pay a lump-sum premium, convert an existing nonqualified annuity[1] or life insurance policy, or a combination of those options to secure LTC coverage.

82%

of people say they'd prefer to receive care **in a home-based setting**.[2]

[1] The Pension Protection Act's regulations do not allow for long-term care benefits to be owned within qualified products.

[2] "The Nationwide Retirement Institute® 2025 Long-Term Care Consumer Survey," conducted by The Harris Poll on behalf of Nationwide (March 2025).

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All guarantees and benefits of the insurance contract are backed by the claims-paying ability of the issuing insurance company.

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Why long-term care planning matters

People are living longer. In fact, the number of people living to age 100+ is projected to quadruple by 2054.[3]

And the longer we live, the more likely it is that we'll need some form of long-term care. That makes LTC planning an important part of a comprehensive retirement plan.

Having a plan for addressing these potential costs in retirement can help protect:

- Your retirement assets and income
- Your legacy
- Your family's lifestyle
- The physical and emotional health of your caregiver(s)

Long-term care basics

If you mention long-term care, many people immediately think of a nursing home. In reality, the majority of care takes place in the home.[4] So thinking about long-term care as an event to plan for, not just a place, can help you have more options in the future.

What it is

Long-term care includes a variety of services that can help if you lose the ability to independently perform at least 2 activities of daily living (ADLs)[5] for at least 90 days or have severe cognitive impairment.

Where it can take place

Planning now can give you more freedom in the future to get care where you prefer, such as in your own home, an assisted living facility, adult day care, a nursing home or alternative care services.

How costs are covered

LTC costs can add up quickly, and a common misconception is that Medicare or Medicaid will pay for all expenses. The truth is that you may need to be able to cover much of the cost yourself with either cash or private insurance.

Coverage	What LTC costs it covers
Health insurance	Doesn't cover any long-term care expenses
Medicare	• Generally covers only temporary skilled care • May cover a portion of LTC expenses, but only up to 100 days • Requires a 3-consecutive day stay in a hospital under treatment, as well as other qualifiers
Medicaid	• Covers long-term expenses for individuals with countable assets of $2,000 or less (the asset limit varies by state) • Care may be limited to a nursing home • You might not be able to choose where you receive care

[3] "U.S. centenarian population is projected to quadruple over the next 30 years," Katherine Schaeffer, Pew Research Center (Jan. 9, 2024).
[4] American Association for Long-Term Care Insurance, aaltci.org (2022).
[5] Activities of daily living are bathing, continence, dressing, eating, toileting and transferring.

Why Nationwide CareMatters® Annuity?

In 2010, the Pension Protection Act of 2006 (PPA) became effective, allowing LTC benefits to be received tax free from a nonqualified annuity.[6]

We created Nationwide CareMatters Annuity as a simple way to help you maximize your assets for LTC coverage while protecting the other resources you've built for retirement or your legacy.

We'll explain all the details and how it works, but below are 3 important benefits that CareMatters Annuity offers:

1. Simplicity	With a single payment, an exchange of an existing nonqualified annuity or life insurance policy, or a combination of those options, you can receive triple or double your contract value for LTC expenses.
2. Guarantees	A guaranteed fixed crediting rate provides you with a guaranteed LTC benefit.[7] And if you never need care, any remaining contract value is available to your beneficiaries as a death benefit.
3. Flexibility	Cash indemnity benefits put you in control to choose the care that works best for you, without the need to submit monthly bills and receipts.

Next, let's take a look at how Nationwide CareMatters Annuity was designed to offer you simplicity, guarantees and flexibility as you prepare for the future.

[6] Benefits are tax free up to the greater of the HIPAA daily limit in the year of claim or the actual qualifying long-term care cost incurred. Benefits may be taxable under certain circumstances. Consult your tax advisor.

[7] Subject to reductions for any partial withdrawals.

Simplicity

Triple or double your contract value for LTC coverage

Receive 2 to 3 times your CareMatters Annuity contract value for LTC coverage.

Tax advantages

Your contract value grows tax deferred and pays out tax-free LTC benefits.[6] CareMatters Annuity can also be funded through tax-free exchanges from existing nonqualified annuities or life insurance policies (also known as a 1035 exchange).

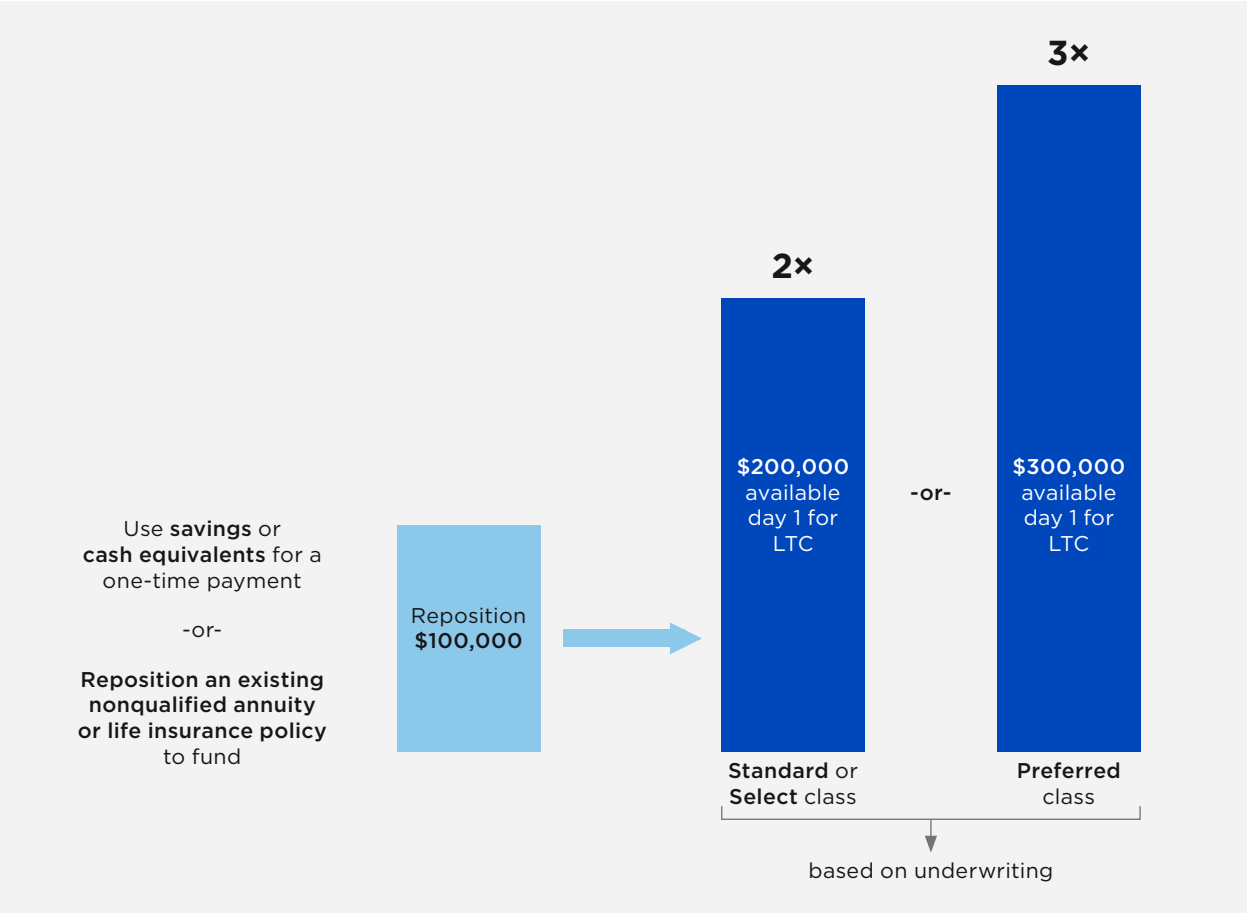
Simplified underwriting

Complete a brief questionnaire regarding your medical history to quickly determine the level of LTC coverage you may qualify for.

How it works

If you were to reposition $100,000 or exchange an existing nonqualified annuity or life insurance policy with $100,000 in contract value into CareMatters Annuity, your starting coverage would be:

- $200,000 for LTC coverage with Standard or Select class
- $300,000 for LTC coverage with Preferred class



[6] Benefits are tax free up to the greater of the HIPAA daily limit in the year of claim or the actual qualifying long-term care cost incurred. Benefits may be taxable under certain circumstances. Consult your tax advisor.

Guarantees

Principal protection

Your contract value will never go below your initial investment.[8]

Guaranteed LTC benefits

The guaranteed crediting rate doesn't change, providing you with guaranteed LTC benefits.

Death benefit

If care is not needed or benefits are not used in full, any remaining contract value will be paid to your beneficiaries.[9]

[8] Less any withdrawals. If you elect the optional Inflation Protection Benefit and/or the LTC Nonforfeiture Benefit, there are upfront premiums for each rider that will also reduce the contract value. Monthly rider charges are guaranteed not to exceed interest credited in the prior month.

[9] Gains in the contract are taxable upon death.

Flexibility

Benefits that put you in control of your future

Some LTC coverage requires monthly bills and receipts to be submitted for specific long-term care services and then reimburse for the bills that qualify under the contract, but only up to the benefit limit, meaning you may have to cover out-of-pocket LTC expenses.

In contrast, CareMatters Annuity has cash indemnity benefits, meaning there's no need to go through a monthly process of submitting bills and receipts. Instead, once the claim is approved and the 90-day elimination period has been satisfied, your full available monthly LTC benefit can be accessed without limitations from Nationwide® on how you spend your benefits.

How LTC benefit models compare

Cash indemnity	Reimbursement
No need to submit monthly bills or receipts once your claim is approved	Bills and receipts must be submitted every month
100% of the monthly LTC cash benefit is available	Every month, you must wait to see what services qualify, and you'll receive only what the insurance company covers under the contract, up to your benefit limits
The tax-free monthly cash benefit can be used for LTC expenses without restrictions from the insurance company[10]	Services not covered under your contract have to be paid out of pocket

Choose the care that works for you

A cash indemnity contract can help pay for the care or services that are right for your needs, including:[10]

- Home care
- Assisted living
- Adult day care
- Nursing home care
- Hospice
- 100% informal care:[11]
  - Receive care from those you know and trust by paying a family member or friend to care for you
  - Receive care from less expensive, unlicensed caregivers
- Alternative LTC services
- LTC coverage options developed in the future

International benefits

100% of LTC benefits are payable if you reside internationally.[12]

[10] Benefits are tax-free up to the greater of the HIPAA daily limit in the year of claim or the actual qualifying long-term care cost incurred. Benefits may be taxable under certain circumstances. Consult your tax advisor.

[11] The plan of care prepared by a U.S.-licensed health care practitioner must state that care from informal caregivers is appropriate.

[12] Regulations and qualifications may apply.

Product highlights

Benefit type

Cash indemnity LTC benefits for single or joint coverage (spouse only)

Ownership

The owner must be the annuitant/insured, the spouse of the annuitant/insured or a trust with an insurable interest in the annuitant/insured.

Underwriting classes and corresponding LTC benefits

Single

Class	Issue age	LTC benefit multiple times contract value	LTC benefit period
Preferred	40–74	3	72 months (24 acceleration, 48 extension)
Standard	40–74	2	48 months (24 acceleration, 24 extension)
Select	75–80	2	72 months (36 acceleration, 36 extension)

Joint

Class	Issue age of older insurer	LTC benefit multiple times contract value	LTC benefit period
Preferred	40–74	3	108 months (36 acceleration, 72 extension)
Standard	40–74	2	72 months (36 acceleration, 36 extension)
Select	75–80	2	84 months (42 acceleration, 42 extension)

CareMatters Annuity provides a multiple of 2 or 3 times the contract value as available LTC benefits, based on underwriting class. Any remaining LTC benefits in excess of the contract value will not be added to the contract value or death benefit. Withdrawals will reduce the amount of available LTC benefits.

Payment/1035 options

The contract owner has the option to pay a lump-sum premium, 1035 exchange a currently owned nonqualified annuity or life insurance policy, or a combination of those options.

Guaranteed crediting rate

3%

Optional benefits

- **Inflation Protection Benefit:** 5% compound
- **LTC Nonforfeiture Benefit:** Provides a paid-up LTC benefit with a shortened benefit period upon annuitization or full surrender while the annuitant(s)/insured(s) is alive

Contingent deferred sales charge[13] (CDSC)

10-year schedule:

Year 1: 9.0%	Year 4: 6.5%	Year 7: 3.5%	Year 10: 0.5%
Year 2: 8.0%	Year 5: 5.5%	Year 8: 2.5%	Year 11: 0%
Year 3: 7.5%	Year 6: 4.5%	Year 9: 1.5%	

Free withdrawals

10% of the beginning of year contract value, available starting year 2.

Elimination period

90 calendar days for each annuitant/insured. Once the elimination period is met, it's met for life. Upon completion, benefits for the first 90 days will be paid retroactively along with benefits for month 4.

Using LTC benefits

Once an annuitant/insured qualifies for benefits and satisfies the elimination period, Nationwide places no restrictions on how benefits can be used. 100% of LTC benefits can be used for informal care, including family members and any LTC service existing today or developed in the future.

Qualification for benefits

- To qualify for benefits, an annuitant/insured must be certified by a U.S.-licensed health care practitioner to have a severe cognitive impairment or not be able to perform 2 of 6 activities of daily living (ADLs) for at least 90 days; ADLs are bathing, continence, dressing, eating, toileting and transferring
- The 90-calendar-day elimination period must be met
- Regulations require that a plan of care be prepared by a U.S.-licensed health care practitioner at time of claim[14]
- Regulations require that the LTC claim must be recertified at least every 12 months; this means a U.S.-licensed health care practitioner must recertify the insured's qualifications for claim; an updated plan of care must also be created or confirm the current plan of care is still appropriate

International benefits

100% of LTC benefits are payable if you reside internationally.[12]

[12] Regulations and qualifications may apply.

[13] The amount of this charge may vary by state.

[14] Nationwide currently has a third-party administrator who can write the plan of care at the time of the claim, but there is no guarantee that this service will always be available.

Nationwide is on your side® every step of the way

If you eventually need LTC, we offer personalized support with the claims process, including helping you with the following:

- **Understanding** how the process works to get your benefit
- **Filing** the claim for benefits
- **Creating** a plan of care that is appropriate for you
- **Helping** you find local care services, such as home care services, the right facility for your needs, adult day care, community services and more
- **Providing** ongoing support as your needs change

We work hard to help you protect what matters today and prepare you for what comes tomorrow. In fact, we've been helping members protect what's important since 1926 and **providing long-term care solutions for more than 25 years.** We run our business in such a way as to make sure we'll be here to protect you whenever you need us.

Nearly
100
years as a mutual company
Nationwide Mutual Insurance Co.

Helping members protect what's important since
1926

Offering
LTC solutions
since 1999

A+[15]
Standard & Poor's
Affirmed: 04/12/25
Fifth highest of 21 ratings

A+[15]
AM Best
Affirmed: 11/07/25
Second highest of 13 ratings

A1[15]
Moody's
Affirmed: 10/28/25
Fifth highest of 21 ratings

[15] Ratings apply to Nationwide Life Insurance Company and Nationwide Life and Annuity Insurance Company. Such ratings refer only to the overall financial status and is not a recommendation of the company.
These ratings and rankings reflect rating agency assessment of the financial strength and claims-paying ability of Nationwide Life Insurance Company and Nationwide Life and Annuity Insurance Company. They are not intended to reflect the investment experience or financial strength of any variable account, which is subject to market risk. Because the dates are updated only when there's a change in the rating, the dates above reflect the most recent ratings we have received. They are subject to change at any time.

Your next steps

Talk with your financial professional today to find out how Nationwide CareMatters Annuity can help you take control of your future.

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This material is not a recommendation to buy or sell a financial product or to adopt an investment strategy. Investors should discuss their specific situation with their financial professional.

Fixed annuities are contracts purchased from a life insurance company. They are designed for long-term retirement goals. Withdrawals are subject to income tax, and withdrawals before age 59½ may be subject to a 10% early withdrawal federal tax penalty.

If you annuitize a nonqualified annuity, a portion of your payment will be considered a return of premium and will not be subject to ordinary income tax. The amount that is taxable will be determined at the time you elect to annuitize the contract. Upon annuitization, LTC benefits terminate unless the LTC Nonforfeiture Rider was elected in the contract, in which case benefits are significantly reduced. Withdrawals also reduce the available LTC benefits.

Nationwide CareMatters Annuity is a cash indemnity product that pays LTC benefits when the insured person is certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the contract owner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. Taxpayers should consult with their tax and legal advisors about their specific situation.

Individual care needs and costs will vary, and there is no guarantee that the long-term care benefits paid under the contract will cover the entire cost of the insured's long-term care. Nationwide pays benefits to the contract owner. If the contract is owned by someone other than the insured, there is no guarantee that the contract owner will use the benefits to pay for LTC services.

All guarantees and benefits of the contract are backed by the claims-paying ability of the issuing insurance company. Contract guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the contract, nor by any of their affiliates, and none of them makes any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

CareMatters Annuity has exclusions, limitations, reductions of benefits and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your insurance professional.

Approval for long-term care coverage under the contract and attached riders is subject to underwriting based on questions in the application and a cognitive screening for applicants age 70 and older.

Nationwide CareMatters Annuity might not be available in some states. Please contact Nationwide to determine product availability in your state.

The insurance professional or company may contact you in response to your request for additional information.

The information contained herein was prepared to support the promotion, marketing and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio.

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ICC25-FAM-1757AO.1 (11/25)