Fixed, Fixed Index and Income Annuities



Interest Rates

Issued by Forethought Life Insurance Company

MAY 31, 2022

GREEN TEXT indicates a change in rates. **BLACK TEXT** indicates no change.

		With	Withdrawal Charge Schedule		
Choice Accumulation II	Premium Amount	5 yr	7 yr	10 yr1	
Interest Crediting Strategy					
Cap					
MSCI EAFE One-Year					
Point-to-Point with Cap	≥ \$100K	8.00%	8.50%	8.50%	
Bailout Rate³ (2.00%)	< \$100K	7.00%	7.50%	7.50%	
Russell 2000 One-Year					
Point-to-Point with Cap	≥ \$100K	8.00%	8.50%	8.50%	
Bailout Rate ³ (2.00%)	< \$100K	7.00%	7.50%	7.50%	
S&P 500® One-Year					
Point-to-Point with Cap	≥ \$100K	8.00%	8.50%	8.50%	
Bailout Rate³ (2.00%)	< \$100K	7.00%	7.50%	7.50%	
Monthly Cap					
S&P 500® One-Year					
Point-to-Point with Monthly Cap	≥ \$100K	1.10%	1.25%	1.25%	
Bailout Rate³ (0.75%)	< \$100K	1.00%	1.20%	1.20%	
Participation Rate					
PIMCO Balanced Index One-Year					
Point-to-Point with Participation Rate	≥ \$100K	120.00%	125.00%	125.00%	
Bailout Rate³ (30.00%)	< \$100K	110.00%	115.00%	115.00%	
Performance Trigger					
S&P 500® One-Year Point-to-Point					
with Performance Trigger	≥ \$100K	6.00%	6.50%	6.50%	
Bailout Rate³ (1.50%)	< \$100K	5.00%	5.50%	5.50%	
Spread					
BlackRock Diversa® Volatility Control ²					
Two-Year Point-to-Point with Spread	≥ \$100K	0.00%	0.00%	0.00%	
Bailout Rate³ (9.00%)	< \$100K	0.00%	0.00%	0.00%	
Franklin US Index Two-Year					
Point-to-Point with Spread	> \$100K	0.00%	0.00%	0.00%	
Bailout Rate ³ (9.00%)	< \$100K	0.00%	0.00%	0.00%	
	<u> </u>				
Fixed Rate	≥ \$100K < \$100K	3.00% 2.75%	3.25% 3.00%	3.25% 3.00%	
Bailout Rate ³ (1.00%)	> ⊅100K	∠./ 5%	3.00%	5.00%	

Interest Rate and Feature update continued

Guaranteed Income Builder Benefit Withdrawal Charge Schedule Income Multiplier Benefit Withdrawal Charge Schedule

Choice Income II	7 yr	10 yr1	7 yr	10 yr1
Interest Crediting Strategy				
Cap MSCI EAFE One-Year Point-to-Point with Cap				
Bailout Rate ³ (2.00%)	4.00%	4.00%	5.00%	5.00%
Russell 2000 One-Year Point-to-Point with Cap Bailout Rate ³ (2.00%)	4.00%	4.00%	5,00%	5.00%
S&P 500® One-Year Point-to-Point with Cap				
Bailout Rate ³ (2.00%)	4.00%	4.00%	5.00%	5.00%
Monthly Cap S&P 500® One-Year Point-to-Point with Monthly Cap	1.25%	1.25%	1.40%	1.40%
Bailout Rate ³ (1.00%)	1.20/0	1.25/0	1.40/0	1.40/0
Participation Rate PIMCO Balanced Index One-Year Point-to-Point with Participation Rate	85.00%	85.00%	100.00%	100.00%
Performance Trigger S&P 500® One-Year Point-to-Point		03.00%	100.00%	100.00%
with Performance Trigger Bailout Rate ³ (1.50%)	3.25%	3.25%	4.00%	4.00%
Spread BlackRock Diversa® Volatility Control² Two-Year Point-to-Point with Spread				
Bailout Rate ³ (9.00%)	2.00%	2.00%	0.00%	0.00%
Franklin US Index Two-Year Point-to-Point with Spread				
Bailout Rate ³ (9.00%)	2.00%	2.00%	0.00%	0.00%
Fixed Rate Bailout Rate ³ (1.00%)	2.00%	2.00%	2.40%	2.40%
Rider Charge	1.05%			

Interest Rate and Feature update continued

Income 150+ SE	Ultra High Band \$100,000+	High Band \$25,000-\$99,999	Low Band \$10,000-\$24,999
Interest Crediting Strategy			
Cap MSCI EAFE One-Year Point-to-Point with Cap Bailout Rate ³ (2.00%)	3.00%	2.75%	2.75%
Russell 2000 One-Year Point-to-Point with Cap Bailout Rate ³ (2.00%)	3.00%	2.75%	2.75%
S&P 500® One-Year Point-to-Point with Cap Bailout Rate ³ (2.00%)	3.00%	2.75%	2.75%
Monthly Cap S&P 500® One-Year Point-to-Point with Monthly Cap Bailout Rate ³ (1.00%)	1.20%	1.15%	1.15%
Participation Rate PIMCO Balanced Index One-Year Point-to-Point with Participation Rate Bailout Rate ³ (30.00%)	75.00%	65.00%	65.00%
Performance Trigger S&P 500® One-Year Point-to-Point with Performance Trigger Bailout Rate ³ (2.00%)	2.50%	2.25%	2.25%
Spread BlackRock Diversa® Volatility Control² Two-Year Point-to-Point with Spread Bailout Rate³ (9.00%)	3.00%	5.00%	5.00%
Franklin US Index Two-Year Point-to-Point with Spread Bailout Rate ³ (9.00%)	3.00%	5.00%	5.00%
Fixed Rate Bailout Rate ³ (1.00%)	1.75%	1.50%	1.50%
Rider Charge		1.05%	

Interest Rate and Feature update continued

ForeCertain

Annuity Payment - based on \$100,000 premium

Income Option⁴	Sex/Age	Immediate Monthly Payment	Immediate Annual Payment Percentage⁵
5-Year Guaranteed Payment Period	Male/Female	\$1,751	21.01%
10-Year Guaranteed Payment Period	Male/Female	\$949	11.39%
	Male 70	\$619	7.43%
	Male 75	\$741	8.90%
Single Life Appuity	Male 80	\$929	11.15%
Single Life Annuity	Female 70	\$579	6.94%
	Female 75	\$680	8.16%
	Female 80	\$838	10.05%
	Male 70	\$597	7.17%
	Male 75	\$693	8.32%
Single Life Annuity with 10-Year Guaranteed	Male 80	\$800	9.60%
Payment Period	Female 70	\$563	6.76%
	Female 75	\$651	7.81%
	Female 80	\$757	9.08%
	Male 70	\$557	6.68%
	Male 75	\$634	7.60%
Single Life Approise with Cook Defund	Male 80	\$735	8.82%
Single Life Annuity with Cash Refund	Female 70	\$532	6.38%
	Female 75	\$600	7.19%
	Female 80	\$687	8.25%
	Male/Female 70	\$496	5.95%
Joint Life Annuity with Cash Refund	Male/Female 75	\$564	6.77%
-	Male/Female 80	\$660	7.92%

ForeCare	\$200,000 plus	\$35,000-\$199,999
Banding is based on premium less optional rider charges	3.50%	3.25%

SecureFore 3 (3 Year Guarantee)	\$100,000 plus	\$10,000-\$99,999
	3.50%	3.15%

SecureFore 5 (5 Year Guarantee)	\$100,000 plus	\$10,000-\$99,999
	3.85%	3.55%

FORECARE PREMIUM LIMITS

Premium Limits - Net of charges for the Optional Nonforfeiture Benefit Rider and/or the Optional Inflation Protection Benefit Rider charges if elected at issue.

All States - Maximum Premium Standard & Premier: \$400,000 single life and \$600,000 joint life

Most States - Minimum Premium Standard & Premier: \$35,000 single and joint life

California - Minimum PremiumStandard Policy: \$60,000 single life and \$70,000 joint lifeOregon - Minimum PremiumStandard Policy: \$60,000 single life and \$70,000 joint lifeVermont - Minimum PremiumStandard Policy: \$85,000 single life and \$100,000 joint lifeWisconsin - Minimum PremiumStandard Policy: \$70,000 single life and \$80,000 joint life

Premier Policy: \$40,000 single life and \$50,000 joint life Premier Policy: \$40,000 single life and \$50,000 joint life Premier Policy: \$60,000 single life and \$70,000 joint life Premier Policy: \$45,000 single life and \$60,000 joint life

California, Oregon, Vermont, Washington and Wisconsin have modified minimum premium limits for single and joint life policies when Optional riders are elected. ForeCare is not available in CT and NY. List subject to change. Please check with Sales Desk if you have questions.

- ¹ In CA the withdrawal charge schedule is 9,8,7,6,5,4,3,2,1,0%.
- ² Formally known as BlackRock iBLD Diversa® VC7 ER Index.
- ³ Bailout rate, referred to as Withdrawal Charge Waiver Rider in your contract, may vary by withdrawal charge schedule and interest crediting strategy.
- ⁴ Rates shown do not include any optional features or benefits, in which annual payments may be lower.
- ⁵ Please call the Sales Desk to obtain a monthly payment calculation. Monthly calculations are not obtained by dividing the annual payment by 12.
- 6 Annual payment percentage is the total annual cash payment generated from the contract and is calculated by: (monthly payment x 12 months)/premium.

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