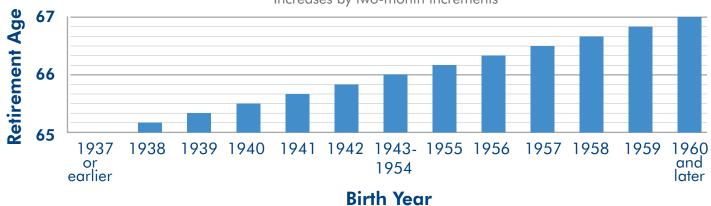
Social Security Benefits Know Your Numbers

There are a number of factors that affect your Social Security benefits. This quick guide highlights the key numbers behind qualifying for Social Security benefits, your Social Security payments, and Social Security taxes.

Full Retirement Age

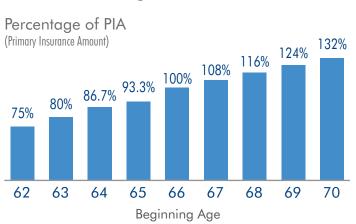
The retirement age was originally set at 65 by the Social Security Act in 1935. Since then, the age has inched upward. Today, full Social Security benefits are available when you reach the "full retirement age." This age increases from 65 to 67, based on the year you were born.



Increases by two-month increments

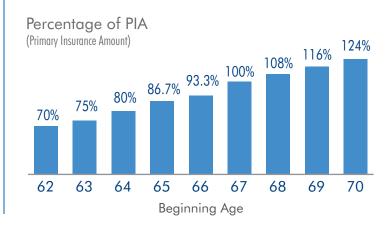
Retirement Benefit Payments

Benefits are available at age 62, but can be put off until age 70. Sustaining the Social Security program relies, partially, on rewarding those who wait to draw benefits. This is because, typically those who draw earlier will draw for a longer period of time, and those who start later will draw for a shorter time period.



Full Retirement Age of 66

Full Retirement Age of 67



*Data Source Social Security Administration

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Retirement Benefit Taxes

Depending on your circumstances, you may pay taxes on up to 85% of your Social Security benefits based on provision for income. This is calculated using adjusted gross income, plus any tax-exempt interest, and half of Social Security Benefits. Benefits subject to tax are based on income filing status and provisional income.

Filing Single		Married Filing Jointly	
Provisional Income	Benefits Subject to Tax	Provisional Income	Benefits Subject to Tax
Under \$25,000	Generally 0%	Under \$32,000	Generally 0%
\$25,000-\$34,000	Up to 50%	\$32,000-\$44,000	Up to 50%
Over \$34,000	Up to 85%	Over \$44,000	Up to 85%

Social Security Administration – Benefits Planner – Income Taxes and Social Security Benefit – https://www.ssa.gov/planners/taxes.html

Social Security Benefits and Limitations

The average Social Security benefit for January 2022 was \$1,657. For the maximum possible Social Security benefit of \$3,345, a person would need to have earned the maximum taxable income over 35 years of their working lives. Social Security Administration - Fact Sheet -- https://www.ssa.gov/news/press/factsheets/colafacts2022.pdf

Maximum Monthly Benefit	\$3,345
Earnings limitations and benefit reductions	Before full retirement age: (\$1.00 for \$2.00 benefit reduction): \$19,560/ year
	Up to first of month of full retirement age birthdate: (\$1.00 for \$3.00 benefit reduction): \$51,960/ year
	After full retirement age: no reduction

Social Security Administration – Contribution and Benefit Base – https://www.ssa.gov/benefits/retirement/planner/whileworking.html

Social Security Cost of Living

Generally, Social Security benefits do increase when the cost-of-living rises as measured by the Department of Labor's Consumer Price Index. In 2022, recipients got a 5.9% increase, to help offset the costs of rising prices of goods and services. The adjustments are typically announced in October of the following year, but there is no guarantee there will be an increase from year to year. Over the 10 years, the average cost of living adjustment has been 1.88%.

Percentage increase to benefits received starting in January of the year indicated.

Year	Cost of Living Adjustments	Year	Cost of Living Adjustments
2012	1.7%	2017	2.0%
2013	1.5%	2018	2.8%
2014	1.7%	2019	1.6%
2015	0.0%	2020	1.3%
2016	0.3%	2021	5.9%

Social Security – Cost of Living Adjustments – https://www.ssa.gov/oact/cola/colaseries.html

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