



## **Dr. Monica Williams**

Living Well and Ending Well: My prescription for success

Thursday, Sept. 9, at 7 p.m. EST

## The Dr. Monica Williams event is almost here!

This is a friendly reminder that Dr. Monica Williams will be giving her "Living Well and Ending Well: My prescription for success" presentation on Thursday, Sept. 9, at 7 p.m. EST.

Be sure to join so you can hear recommendations and firsthand experiences from a board-certified emergency physician, without having to drive to an office. Learn about:

- The current environment and common advance care planning issues
- What holds us back from talking about this topic
- Six simple steps for ending well
- Her own family's experiences



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