

Earn great rewards and discounts

Celebrate your healthy success with John Hancock Vitality PLUS! When you live a healthy lifestyle, you can earn Vitality Points. The more points you earn, the higher your Vitality Status and the greater your potential rewards and discounts.

Apple Watch®

Earn an Apple Watch for an initial payment of just \$25 plus tax, with regular exercise. Over the next two years, you'll make small monthly payments based on how active you are. Earn 500 Vitality Points from Standard or Advanced Workouts and you'll pay nothing for that month!¹



Complimentary Fitbit® & wearable device discounts

You can also get a complimentary Fitbit device if you do not take up on the Apple Watch offer, plus other wearable devices and healthy gear discounts.



Exclusive discounts from Hotels.com

You can earn exclusive discounts of up to 50% at more than 350,000 eligible properties around the world with Hotels.com. The higher your Vitality Status, the more you can save.²



Amazon Prime

Enjoy a one-year Amazon Prime membership when you reach Platinum status and complete your VHR three years in a row. Prime members get free shipping, movies and more. Already a Prime member? We'll extend your current membership for one year at no cost.³



Shopping & entertainment

You'll be rewarded for your healthy successes with gift cards and other prizes. The more you accomplish, the more opportunities you'll have to earn rewards from these and other leading retailers.



Healthy gear discounts

Earn a discount of up to 25% on electronic gift cards from Vitality to purchase outdoor gear. From backpacking to cycling to staying in shape, REI has the equipment you need to take your training to the next level.⁴



HealthyFood™ benefit

With Healthy Savings, part of the HealthyFood benefit, you can earn up to \$50 in savings and 50 Vitality Points per month for purchasing fresh produce at participating grocers. You can also save up to \$120 a month on Healthy Savings weekly promoted items using your card or mobile app. In addition, you will have access to helpful nutrition tips, recipes and the Tufts Health & Nutrition Letter.⁵



HealthyMind™ benefit

To help you live a stress-free and healthier life, you'll get a free premium subscription to Headspace®, a top-rated meditation app with millions of users in more than 190 countries.⁶



Free health check

Monitor your health with a free screening and personalized report from Quest Diagnostics®. You can visit one of 2,200 Patient Service Centers nationwide. We'll automatically record your results, allowing you to earn even more Vitality Points.



Register today at JohnHancockVitality.com/activate.

Questions? Call **888-333-2659** or email support@jhvitality.com.

Rewards may vary based on the type of insurance policy purchased for the insured Vitality Program Member.

1. Apple Watch program is not available in New York or Puerto Rico. Apple Watches ordered through John Hancock Vitality may not be shipped to addresses in Guam. Once you become a Vitality PLUS member and complete the Vitality Health Review (VHR), you can order Apple Watch by electronically signing, at checkout, a Retail Installment Agreement with the Vitality Group, for the retail price of the watch. After an initial payment of \$25 plus tax, over the next two years, monthly out of pocket payments are based on the number of Standard Workouts (10,000 to 14,999 steps) and Advanced Workouts (15,000 steps) or the applicable Active Calorie thresholds. The step counts required for Standard and Advanced Workouts are reduced for members beginning at age 71+. One-time upgrade fees plus taxes apply if you choose (GPS + Cellular) versions of Apple Watch, larger watch case sizes, certain bands and case materials. For more information, please visit JohnHancockInsurance.com. Apple is not a participant in or sponsor of this promotion. Apple Watch is a registered trademark of Apple Inc. All rights reserved. Apple Watch Series 6 and Apple Watch SE require iPhone 6s or later with iOS 14 or later.
2. Depending upon the amount of coverage and policy type purchased, Hotels.com discounts are valid for either two nights or six nights per program year. The amount of discount will vary based upon policy type, coverage amount, and the Vitality Member's Vitality status (Bronze, Silver, Gold, Platinum).
3. You must redeem your Amazon Prime Membership Code and agree to the Amazon Prime Terms and Conditions to qualify for Amazon Prime membership. Your Amazon Prime membership automatically renews for the membership fee in effect at the time of renewal plus applicable taxes. You may cancel at any time by visiting Your Account and adjusting your membership settings. Valid credit card required at time of registration if Amazon does not have one on file. Amazon Prime Membership Codes cannot be transferred or resold. For more information about Amazon Prime, visit amazon.com/prime. Amazon.com is not a sponsor of this promotion. All Amazon®, ™ & © are IP of Amazon.com, Inc. or its affiliates.
4. REI is not affiliated with the John Hancock Vitality Program. REI does not sponsor, endorse or have any responsibility for this promotion.
5. HealthyFood savings are based on qualifying purchases and may vary based on the terms of the John Hancock Vitality Program. The HealthyFood program is currently not available in Guam.
6. Based on internal data from [Headspace.com](https://www.headspace.com/about-us), About Us, accessed from: <https://www.headspace.com/about-us>. This program is also compatible with other apps such as Breathe, Buddhify and Calm.

"Vitality" refers collectively to the benefits provided by John Hancock's Healthy Engagement feature. The Vitality Group is the company that John Hancock is working with to administer these benefits.

For Amazon.com Gift Cards, restrictions apply, see amazon.com/gc-legal.

John Hancock Vitality Program rewards and discounts are only available to the person insured under the eligible life insurance policy.

Rewards and discounts are subject to change and are not guaranteed to remain the same for the life of the policy.

Vitality is the provider of the John Hancock Vitality Program in connection with your life insurance policy. Insurance products are issued by John Hancock Life Insurance Company (U.S.A.), Boston, MA 02116 (not licensed in New York).

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