Product Guide

Rates effective January 16, 2021



Interest Crediting Rates Rates shown are guaranteed for the initial term only and are subject to change.	Low Band (Up to \$100,000)	High Band (\$100,000+)
Multi-Asset (No Cap)		
BNP Paribas Multi Asset Diversified 5 Index ¹		
2-Year No Cap Point-to-Point Index Strategy (Participation Rate)	75%	85%
1-Year No Cap Point-to-Point Index Strategy (Participation Rate)	55%	65%
Equity (No Cap)		
Nasdaq FC Index ^{1,2}		
2-Year No Cap Point-to-Point Index Strategy (Participation Rate)	50%	60%
1-Year No Cap Point-to-Point Index Strategy (Participation Rate)	35%	40%
AI Powered US Equity Index ¹		
2-Year No Cap Point-to-Point Index Strategy (Participation Rate)	60%	70%
1-Year No Cap Point-to-Point Index Strategy (Participation Rate)	45%	55%
S&P 500 Daily Risk Control 5%™ Index TR (Total Return)¹		
1-Year No Cap Point-to-Point Index Strategy (Participation Rate)	47%	52%
Equity (Cap)		
S&P 500®		
1-Year Point-to-Point Index Strategy (Cap)	3.00%	3.50%
Bailout Cap Rate	2.50%	2.50%
Fixed		
Fixed Account with 1-Year Guarantee	1.10%	1.35%
Withdrawal Charge Duration	7 years	7 years

Death Benefit Rider Rates

Annual Death Benefit Rider Charge Rate	0.95%
Benefit Base Guaranteed Simple Interest Rate	8.00%
Annual Dollar-for-Dollar Withdrawal Limit	Greater of 5.00% or the Required Minimum Distribution

¹Because the index applies a volatility control mechanism, the range of both the positive and negative performance of the index is limited.

²The Index features a performance control mechanism that limits its maximum growth potential within any given month. Consumers may therefore forego part of the growth of the Index if it rises beyond this limit within a month.

This material is provided by Athene Annuity and Life Company (61689) headquartered in West Des Moines, Iowa, which issues annuities in 49 states (excluding NY) and D.C. Products not available in all states.

Base Product

Issue Ages (Owner and Annuitant)	0-83									
Ownership	IRA: Must be single	e owners	hip, but j	oint pay	out is av	ailable fo	or spous	es.		
	Nonqualified: Owr natural person, like must be Joint Annu	a trust. l	f there a	re Joint (Owners,	they mu	st be nat			
Premiums	Minimum: \$5,000									
(Single Premium Only)	Maximum: \$1,000,000 (larger amounts may be accepted with company approval)									
Withdrawal Charge Schedule	Contract Year	1	2	3	4	5	6	7	8+	
Schedule	Charge Percent	9%	8%	7%	6%	5%	4%	3%	0%	
Free Withdrawal Schedule	10% per year. With certain circumstan									t under
Terminal Illness Waiver ³	You can withdraw u with a Terminal Illne eligibility requirem limitations, variatio information.	ess that is ents. Thi	s expecte s waiver	ed to res is availat	ult in de ble after	ath withi your first	n one-ye t Contrae	ear and y	ou mee [:] ersary. A	t the dditional
Confinement Waiver ³	After the first Contract Year, you can withdraw up to 100% of your annuity's Accumulated Value if the Annuitant is confined to a Qualified Care facility for at least 60 consecutive days and meet the eligibility requirements. Confinement must begin after the contract date. Additional limitations, variations and exclusions may apply. Please see the Certificate of Disclosure for more information.									
	more information.		5 1 1 5						זנ	
Minimum Interest Credit	If at the end of your Value is less than th credit equal to the Initial Premium less	ne Minim differenc	um Inter ce. The N	ge perio est Cred 1inimum	it, you w Interest	ill autom	atically r	eceive a	ur Accu one-tim	ne interest
	If at the end of you Value is less than th credit equal to the	ne Minim difference withdra e declare ou'll have ter the C	um Inter ce. The N wals and ed 1-Year e full acco Contract	ge perio est Cred linimum charges Point-to ess to yo Annivers	it, you w Interest -Point In ur annui ary in wl	ill autom Credit is dex Stra ty's Accu	tegy Ani	receive a upon a p nual Cap d Value -	ur Accur one-tim ercentag Rate be	ne interest ge of your slow the any charges
Credit	If at the end of your Value is less than the credit equal to the Initial Premium less If Athene lowers the Bailout Cap Rate, y for up to 30 days af	ne Minim difference s withdra e declare ou'll have fter the C Window, cion of the wal Char	um Inter ce. The N wals and ed 1-Year e full acco contract / , all charge e withdra ge perio	ge perio est Cred linimum charges Point-to ess to yo Annivers ges may awal or su d. Addit	it, you w Interest -Point In ur annui ary in wl apply. urrender ional lim	ill autom Credit is dex Stra ty's Accu nich the l that exc itations,	atically r based u tegy Ann umulated Bailout C eeds the variation	eceive a upon a p d Value - Cap Rate Free W s and ex	ur Accur one-tim ercentag Rate be free of was pie ithdrawa clusions	e interest ge of your elow the any charges rced. After al amount may apply.

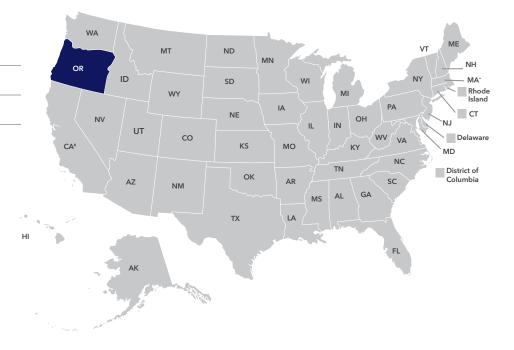
Death Benefit Rider – optional, for a charge

Issue Ages	0-80
Ownership	The Owner and Annuitant must be the same person and joint ownership is not allowed.
Death Benefit Rider Payout Options	Option 1: The Benefit Base paid out in equal payments over the currently declared Death Benefit Payout Period. The Death Benefit Payout Period is currently set to five years and is guaranteed not to exceed ten years.
	Option 2: A lump sum payment equal to the average of the base contract Death Benefit and the Benefit Base.
Benefit Base	The Initial Benefit Base is equal to the Initial Premium. The Benefit Base will be credited with a simple interest credit on each contract anniversary until the Guaranteed Simple Interest Stop Date. The interest credit will be calculated based on the Premium minus withdrawals multiplied by the Benefit Base Guaranteed Simple Interest Rate. Withdrawals will reduce the Benefit Base, either on a dollar-for-dollar basis or proportionally. The Benefit Base cannot be withdrawn in a lump sum and does not have a cash value or surrender value.
Guaranteed Simple Interest Stop Date	Simple interest is credited to the Benefit Base until the earlier of the 10th contract anniversary or the contract anniversary following age 85.
Withdrawals	Withdrawals up to the Annual Dollar-for-Dollar Withdrawal Limit will reduce the Benefit Base by the dollar amount of the withdrawal. Withdrawals in excess of the Annual Dollar-for- Dollar Withdrawal Limit will reduce the Benefit Base on a proportional basis, or by the same percentage that the Accumulated Value is reduced for the withdrawal.
Death Benefit Waiting Period	2 years. If a Death Benefit becomes payable before the waiting period has elapsed, the rider charges will be refunded and the base contract Death Benefit will be paid.
Death Benefit Rider Charge	The Annual Death Benefit Rider Charge is 0.95% of the Benefit Base and is deducted monthly from the Accumulated Value until the Benefit Base stops accumulating. The rider charge is guaranteed not to change and will not decrease the Benefit Base.
Death Benefit	The death benefit is the greater of the base contract Death Benefit and the Death Benefit provided under this rider.

State Availability

Ages 0 - 83

Not available



S&P 500[®] Index • The "S&P 500[®] and S&P 500 Daily Risk Control 5%[™] Index TR (Total Return)" are products of S&P Dow Jones Indices LLC or its affiliates ("SPDJI") and have been licensed for use by Athene Annuity and Life Company. Standard & Poor's[®] and S&P[®] are registered trademarks of Standard & Poor's Financial Services LLC ("S&P"); Dow Jones[®] is a registered trademark of Dow Jones Trademark Holdings LLC ("Dow Jones"); and these trademarks have been licensed for use by SPDJI and sublicensed for certain purposes by Athene Annuity and Life Company. Athene Annuity and Life Company's products are not sponsored, endorsed, sold or promoted by SPDJI, Dow Jones, S&P, their respective affiliates and none of such parties make any representation regarding the advisability of investing in such product(s) nor do they have any liability for any errors, omissions, or interruptions of the S&P 500[®] and S&P 500 Daily Risk Control 5%[™] Index TR (Total Return).

Nasdaq FC Index • Athene Annuity and Life Company's Product ("Product") is not sponsored, endorsed, sold or promoted by BofA Securities, Inc. or its affiliates ("BofAS"). BofAS has not passed on the legality or suitability of, or the accuracy or adequacy of descriptions and disclosures relating to, the Product, nor makes any representation or warranty, express or implied, to the owners of the Product or any member of the public regarding the Product or the advisability of purchasing the Product, particularly the ability of the NASDAQ FC Index ("Index") to track performance of any market or strategy. BofAS's only relationship to Athene Annuity and Life Company ("Licensee") is the licensing of certain trademarks and trade names and the Index or components thereof. The Index is determined, composed and calculated by BofAS without regard to the Licensee or the Product or its holders. BofAS has no obligation to take the needs of the Licensee or the holders of the Product into consideration in determining, composing or calculating the Index. BofAS is not responsible for and has not participated in the determination of the timing of, prices of, or quantities of the Product to be issued or in the determination or calculation of the equation by which the Product is to be priced, sold, or purchased, or redeemed. BofAS has no obligation or liability in connection with the administration or marketing of the Product.

BOFAS DOES NOT GUARANTEE THE ACCURACY AND/OR THE COMPLETENESS OF THE INDEX OR ANY DATA INCLUDED THEREIN AND BOFAS SHALL HAVE NO LIABILITY FOR ANY ERRORS, OMISSIONS, UNAVAILABILITY, OR INTERRUPTIONS THEREIN. BOFAS MAKES NO WARRANTY, EXPRESS OR IMPLIED, AS TO RESULTS TO BE OBTAINED BY LICENSEE, HOLDERS OF THE PRODUCT OR ANY OTHER PERSON OR ENTITY FROM THE USE OF THE INDEX OR ANY DATA INCLUDED THEREIN. BOFAS MAKES NO EXPRESS OR IMPLIED WARRANTIES AND EXPRESSLY DISCLAIMS ALL WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE, WITH RESPECT TO THE INDEX OR ANY DATA INCLUDED THEREIN. WITHOUT LIMITING ANY OF THE FOREGOING, IN NO EVENT SHALL BOFAS HAVE ANY LIABILITY FOR ANY SPECIAL, PUNITIVE, INDIRECT, INCIDENTAL, CONSEQUENTIAL DAMAGES, OR LOST PROFITS, EVEN IF NOTIFIED OF THE POSSIBILITY OF SUCH DAMAGES.

The Product is not sponsored, endorsed, sold or promoted by Nasdaq, Inc. or its affiliates (Nasdaq, with its affiliates, are referred to as the "Corporations"). The Corporations have not passed on the legality or suitability of, or the accuracy or adequacy of descriptions and disclosures relating

to, the Product. The Corporations make no representation or warranty, express or implied to the owners of the Product or any member of the public regarding the advisability of investing in securities generally or in the Product particularly, or the ability of the NASDAQ-100 Index and NASDAQ FC Index to track general stock market performance. The Corporations' only relationship to BofA Securities, Inc. ("BofAS") is in the licensing of Nasdaq[®] and certain trade names of the Corporations and the use of the NASDAQ-100 Index which is determined, composed and calculated by Nasdaq without regard to BofAS or the Product. Nasdaq has no obligation to take the needs of BofAS or the owners of the Product into consideration in determining, composing or calculating the NASDAQ-100 Index. The Corporations are not responsible for and have not participated in the determination of the timing of, prices at, or quantities of the Product to be issued or in the determination or calculation of the equation by which the Product is to be converted into cash. The Corporations have no liability in connection with the administration, marketing or trading of the Product.

THE CORPORATIONS DO NOT GUARANTEE THE ACCURACY AND/OR UNINTERRUPTED CALCULATION OF THE NASDAQ-100 INDEX OR ANY DATA INCLUDED THEREIN. THE CORPORATIONS MAKE NO WARRANTY, EXPRESS OR IMPLIED, AS TO RESULTS TO BE OBTAINED BY BOFAS, OWNERS OF THE PRODUCT, OR ANY OTHER PERSON OR ENTITY FROM THE USE OF THE NASDAQ-100 INDEX AND NASDAQ FC INDEX OR ANY DATA INCLUDED THEREIN. THE CORPORATIONS MAKE NO EXPRESS OR IMPLIED WARRANTIES, AND EXPRESSLY DISCLAIM ALL WARRANTIES OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE WITH RESPECT TO THE NASDAQ-100 INDEX AND NASDAQ FC INDEX OR ANY DATA INCLUDED THEREIN. WITHOUT LIMITING ANY OF THE FOREGOING, IN NO EVENT SHALL THE CORPORATIONS HAVE ANY LIABILITY FOR ANY LOST PROFITS OR SPECIAL, INCIDENTAL, PUNITIVE, INDIRECT, OR CONSEQUENTIAL DAMAGES, EVEN IF NOTIFIED OF THE POSSIBILITY OF SUCH DAMAGES.

BNP Paribas Multi Asset Diversified 5 Index • The BNP Paribas Multi Asset Diversified 5 Index (the "BNPP MAD 5 Index") is the exclusive property of BNP Paribas or one of its affiliates (BNP Paribas and its affiliates are hereinafter called "BNPP") and is determined, composed and calculated by BNPP. "BNP", "BNPP", "BNP Paribas", "BNPP MAD 5 Index" and "BNP Paribas Multi Asset Diversified 5 Index" (collectively, the "BNPP Marks") are trademarks or service marks of BNPP and have been licensed by Athene Annuity and Life Company (the "Company") for use in a fixed indexed annuity offered by the Company. The fixed indexed annuity is not, in whole or in part, sponsored, structured, priced, endorsed, offered, sold, issued or promoted by BNPP or any of its affiliates, or any third party licensor of information to BNPP. BNPP's only relationship to the Company is the licensing of the BNPP MAD 5 Index and BNPP MAD 5 Index, and is not liable for any loss relating to the fixed indexed annuity, whether arising directly or indirectly from the use of the BNPP MAD 5 Index, its methodology, any BNPP Mark or otherwise.

In calculating the level of the BNPP MAD 5 Index, BNPP deducts a servicing cost of 0.50% per annum, calculated on a daily basis. In addition, the BNPP MAD 5 Index methodology embeds certain costs which cover among other things, rebalancing and replication costs. Such costs may vary over time with market conditions. These costs reduce the potential positive change in the BNPP MAD 5 Index and thus the amount of interest that will be credited to the fixed indexed annuity that includes the BNPP MAD 5 Index.

AI Powered US Equity Index • The AI Powered US Equity Index (the "AiPEX Index") is the exclusive property of EquBot Inc. ("EquBot") and administered, calculated, and published by Solactive AG. EquBot, AiPEX, and "AI Powered US Equity Index" (collectively, the "AiPEX Marks") are trademarks or service marks of EquBot and have been licensed by HSBC and sub-licensed by Athene Annuity and Life Company (the "Company") for use in a fixed indexed annuity offered by the Company. The fixed indexed annuity is not, in whole or in part, sponsored, structured, priced, endorsed, offered, sold, issued or promoted by EquBot or HSBC or any of their affiliates. EquBot and HSBC's only relationship to the Company is the licensing of the AiPEX Index and AiPEX Marks for certain purposes. EquBot and HSBC shall not have any liability with respect to a fixed indexed annuity in which an interest crediting option is based on the AiPEX Index and are not liable for any loss relating to the fixed indexed annuity, whether arising directly or indirectly from the use of the AiPEX Index, its methodology, any AiPEX Mark or otherwise. Neither EquBot nor HSBC has any obligation to take into consideration any of the needs of the Company or any of the owners, annuitants or beneficiaries of the fixed indexed annuity, in designing, calculating, administering or licensing the AiPEX Index.

NEITHER EQUBOT, HSBC, SOLACTIVE AG, OR THEIR SUPPLIERS GUARANTEES THE ACCURACY, ADEQUACY, TIMELINESS, COMPLETENESS OR AVAILABILITY OF THE AIPEX INDEX OR ANY COMPONENT THEREOF OR DATA INCLUDED THEREIN, OR THAT NO ERROR, OMISSION, DELAY OR INTERRUPTION WILL EXIST THEREIN. NEITHER HSBC NOR EQUBOT OR THEIR SUPPLIERS, MAKES ANY REPRESENTATION OR WARRANTY, AND EACH OF HSBC AND EQUBOT AND THEIR SUPPLIERS EXPRESSLY DISCLAIMS ALL REPRESENTATIONS AND WARRANTIES, EXPRESS OR IMPLIED, INCLUDING, WITHOUT LIMITATION, THOSE REGARDING (I) MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE OR USE, OR (II) THE ADVISABILITY OF ANY PERSON INVESTING IN THE FIXED INDEXED ANNUITY.

No purchaser, seller or holder of the fixed indexed annuity, or any other person or entity, should use or refer to any AiPEX Mark or other EquBot trade name to sponsor, endorse, market or promote the fixed indexed annuity without a license from EquBot and HSBC. Under no circumstances may any person or entity claim any affiliation or association with EquBot or HSBC without the prior written permission of EquBot or HSBC.

In calculating the performance of the AiPEX Index, EquBot deducts a servicing cost of 0.50% per annum, calculated on a daily basis. Such costs may vary over time with market conditions. These costs reduce the potential positive change in the AiPEX Index and thus the amount of interest that will be credited to the fixed indexed annuity option based on the AiPEX Index.

The volatility control applied by EquBot may reduce the potential positive or negative change in the AiPEX Index and thus the amount of interest that will be credited to the fixed indexed annuity option that is based on the AiPEX Index.

Nothing provided herein should be construed as HSBC or EquBot or their suppliers providing tax, legal, or investment advice nor is HSBC or its suppliers recommending engaging in any investment strategy or transaction.

Athene Accumulator [GEN (09/15) NB] and Athene Accumulator Legacy Rider [ICC16 GMDB (06/16)] or state variations issued by Athene Annuity and Life

Company, West Des Moines, IA. Product features, limitations and availability vary; see the Certificates of Disclosure for details. Products not available in all states.

Guarantees provided by annuities are subject to the financial strength and claims paying ability of the issuing insurance company.

This material is a general description intended for general public use. Athene Annuity and Life Company (61689), headquartered in West Des Moines, Iowa, and issuing annuities in 49 states (excluding NY) and D.C. is not undertaking to provide investment advice for any individual or in any individual situation, and therefore nothing in this should be read as investment advice. Please reach out to your financial professional if you have any questions about Athene products or their features.

The term "financial professional" is not intended to imply engagement in an advisory business with compensation unrelated to sales. Financial professionals will be paid a commission on the sale of an Athene annuity.

ATHENE ANNUITIES ARE PRODUCTS OF THE INSURANCE INDUSTRY AND NOT GUARANTEED BY ANY BANK NOR INSURED BY FDIC OR NCUA/NCUSIF. MAY LOSE VALUE. NO BANK/CREDIT UNION GUARANTEE. NOT A DEPOSIT. NOT INSURED BY ANY FEDERAL GOVERNMENT AGENCY. MAY ONLY BE OFFERED BY A LICENSED INSURANCE AGENT.

This insert must be accompanied by the applicable product brochure and Certificate of Disclosure which provide more detailed product information, including all charges or limitations as well as definitions of capitalized terms.